

SPRING WEBINARS

# Ready, set, learn.

Our collection of webinars covers financial topics from foundational to advanced. They offer practical solutions to help navigate your finances. Register at tiaa.org/webinarschedule

**Register now** 

#### **APRIL**

### Quarterly economic and market update

April 8 at noon (ET)

Hear from the experts in our Wealth Chief Investment Office on the global economy's effect on your retirement strategies.

### Planning for life milestones

**April 16 at noon (ET)** 

From marriage to the loss of a loved one, ensure you're prepared for steps in your life journey.

# Navigating the sandwich generation: Financial strategies for the caregiving squeeze

**April 24 at 3 p.m. (ET)** 

Learn how to manage caring for your aging parents while supporting your adult children. It can be done.

#### MAY

## How can I afford college for my kids or grandkids?

May 7 at noon (ET)

Discover strategies you can use to save and pay for college—even if it feels impossible today.

## Financial wellness and mental health: Insights from the TIAA Institute

May 15 at 3 p.m. (ET)

Examine the relationship between mental health and financial decisions to help you reach your goals.

#### **JUNE**

# Set your retirement date: Understand the factors to get you to your goal

June 11 at noon (ET)

Whether you plan to retire today or 30 years from now, it's never too early—or too late—to design the life you want. Let's explore the steps to getting you there.

# How longevity affects financial planning and family caregiving

June 26 at 3 p.m. (ET)

With life expectancy growing, we explore the financial realities of caregiving and the actions families, employers and policymakers can take to address this critical issue.

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